

Michaelmas Term Breakfast

| <i>Week 2 09.09.19</i> | <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> | <i>Saturday</i> | <i>Sunday</i> |
|------------------------------|--|--|--|--|--|--|--|
| <i>Hot items</i> | Chipolata sausage Poached egg Hash browns Baked beans | Grilled back bacon Eggy bread Sauté potatoes Grilled tomato | Cumberland sausages Scrambled egg Fried bread Field mushroom | Pain au chocolate | Bacon Fried eggs Potato waffles Plum tomato | Sausages Poached eggs Black pudding Field mushroom | Continental breakfast and Healthy smoothies |
| <i>Fruit</i> | Whole fruit | Whole fruit | Whole fruit | Whole fruit | Whole fruit | Whole fruit | Whole fruit |
| <i>Daily breakfast items</i> | Porridge station Cereal bar Yoghurt station Toast & preserves | Porridge station Cereal bar Yoghurt station Toast & preserves | Porridge station Cereal bar Yoghurt station Toast & preserves | Porridge station Cereal bar Yoghurt station Toast & preserves | Porridge station Cereal bar Yoghurt station Toast & preserves | Porridge station Cereal bar Yoghurt station Toast & preserves | Porridge station Cereal bar Yoghurt station Toast & preserves |
| <i>Morning break</i> | Filled croissant Water & fresh fruit | Pesto parmiers Water & fresh fruit | Hot soup & roll Water & fresh fruit | Sausage rolls Water & fresh fruit | Pizza stick Water & fresh fruit | Jim jam sandwich Water & fresh fruit | Water melon bar Water & fresh fruits |

Michaelmas Term Supper

| Week 2 09.09.19 | <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> | <i>Saturday</i> | <i>Sunday</i> |
|----------------------------------|---|---|--|---|--|---|--|
| <i>Little tea</i> | Shortbread finger Tea milk water and fresh fruit | Fridge cake Tea milk water and fresh fruit | Milky way Tea milk water and fresh fruit | Double choc chip cookie Tea milk water and fresh fruit | Iced lemon drizzle Tea milk water and fresh fruit | Penguin Tea milk water and fresh fruit | Wait and see Tea milk water and fresh fruit |
| <i>Main course</i> | Hunters chicken with smoked bacon & cheddar | Lamb tagine | Spanish paella with chorizo & squid or Spicy vegetable quesadillas | Hearty beef stew & dumplings | Katsu chicken curry | Thin & crispy pizza | Hong Kong sweet & sour turkey |
| <i>Vegetarian</i> | Tempura vegetables with sweet chilli dipping sauce | Mediterranean vegetable bake | | Veggie bangers on Beans & tomato | Katsu quorn fillet wrap | Margarita pizza | Pepper & baby corn chow mien |
| <i>On the side</i> | Dauphinoise potatoes & steamed broccoli | Cous cous, lemon courgettes | Green salad & sweetcorn | Crushed potatoes, cabbage & carrots | Steamed rice, green beans & spicy cauliflower | Curly fries & ranch salad & cherry tomatoes | Noodles & sugar snaps with chinese leaf |
| <i>In addition</i> | Selection of breads and preserves | Selection of breads and preserves | Selection of breads and preserves | Selection of breads and preserves | Selection of breads and preserves | Selection of breads and preserves | Selection of breads and preserves |
| <i>Cold dessert</i> | Chocolate mousse | Ice lolly | Waffles with whipped cream & berries | Toffee apple crunch | Rocky road bars | Berry cheesecake | Giant cookies |

Selection of whole fruits

