Pre-Prep Lunch Menu

Summer Fields OXFORD

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Morning break	**Morning break**	**Morning break**	**Morning break**	**Morning break**
Spinach & feta pinwheel	Cheese rice cracker	Popcorn special	Sausage & onion Yorkshire	Mozzarella & tomato pizza
Pre-Prep hot counter	**Pre-Prep hot counter**	**Pre-Prep hot counter**	**Pre-Prep hot counter**	**Pre-Prep hot counter**
Creamy chicken alfredo pasta	Turkey & onion hotpot	Chilli con carne	Malaysian style turkey	Fish fingers
Plant based	**Plant based**	**Plant based**	**Plant based**	**Plant based**
Mushroom & lentil alfredo pasta	Pea protein & onion hotpot	Lentil con carne	Malaysian style tofu	Tofu fingers
Sides	**Sides**	**Sides**	**Sides**	**Sides**
Penne Steamed broccoli Green beans	Roasted carrots Steamed cauliflower	Rice Tortilla chips Glazed corn Steamed green beans	Noodles Bean sprouts Sauté nappa cabbage Prawn cracker	Chips Beans Peas Mushy peas Tartare sauce
Carrot & cucumber sticks	**Cherry tomato & cucumber sticks**	**Carrot & cucumber sticks**	**Cherry tomato & cucumber sticks**	**Carrot & cucumber sticks**
Daily dessert	**Daily dessert**	**Daily dessert**	**Daily dessert**	**Daily dessert**
Fresh yoghurt topped with mango	Apple upside cake	Fresh yoghurt pot topped with mixed berries	Cornflake crispy bar	Assorted jelly
Selection of whole & cut fruit	Selection of whole & cut fruit	Selection of whole & cut fruit	Selection of whole & cut fruit	Selection of whole & cut fruit

For allergen & nutritional information, please speak to a member of the team.

Crustaceans, Eggs, Tree Nuts, Mustard, Celery, Soybeans, Sesame Seeds, Milk, Fish, Peanuts, Lupin, Gluten, Sulphur Dioxide, Molluscs