

Pre-Prep Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Morning break

Vegetable spring roll

Pre-Prep hot counter

Pork sausage

Plant based

Veggie sausage

Sides

Creamy herb mash
Steamed peas
Roasted root vegetables
Gravy

Cherry tomato & pepper sticks

Daily dessert

Strawberry Summer Fields mess

Selection of whole & cut fruit

Morning break

Sausage Roll

Pre-Prep hot counter

Jacket potato bar
BBQ cannelloni bean & pulled chicken

Plant based

Jacket potato
Sweet potato & cannelloni bean

Sides

Baked beans
Cheddar cheese
Glazed carrots

Cherry tomato & cucumber sticks

Daily dessert

Assorted jelly

Selection of whole & cut fruit

Morning break

Hummus pots with carrot & carrot sticks

Pre-Prep hot counter

Beef bolognaise

Plant based

Lentil & mushroom bolognaise

Sides

Wholegrain penne
Garlic infused bread

Steamed peas

Carrot & cucumber sticks

Daily dessert

Fresh yoghurt pot topped with fruit

Selection of whole & cut fruit

Thursday

Morning break

Cheese toasties

Pre-Prep hot counter

Chicken pintxos

Plant based

Vegetable pintxos

Sides

Chilean prebre sauce
Papas a la hunacaina
Spiced corn
Roasted cauliflower
Corn tortilla

Cherry tomato & cucumber sticks

Daily dessert

Dulce de leche cake

Selection of whole & cut fruit

Friday

Morning break

Chicken & vegetable gyoza

Pre-Prep hot counter

Salmon fish fingers

Plant Based

Tofu fingers

Sides

Chips
Baked beans
Peas
Tartare sauce

Carrot & cucumber sticks

Daily dessert

Assorted jelly

Selection of whole & cut fruit



For allergen & nutritional information, please speak to a member of the team.



Crustaceans



Eggs



Tree Nuts



Mustard



Celery



Soybeans



Sesame Seeds



Milk



Fish



Peanuts



Lupin



Gluten



Sulphur Dioxide



Molluscs