

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning break</b>	<b>Morning break</b>	<b>Morning break</b>	<b>Morning break</b>	<b>Morning break</b>
Cheese cracker	Chicken Caesar wholegrain wrap	Cheese wholemeal baguette	Apple & oat bar	Popcorn
<b>Pre-Prep hot counter</b>	<b>Pre-Prep hot counter</b>	<b>Pre-Prep hot counter</b>	<b>Pre-Prep hot counter</b>	
Grilled chicken breast	Chilli con carne & mixed bean	Chicken & chickpea cacciatore	Tandoori pork	
<b>Plant based</b>	<b>Plant based</b>	<b>Plant based</b>	<b>Plant based</b>	
Grilled tempeh	Mixed bean & sweet potato chilli	Tofu cacciatore	Tandoori dahl	
<b>Sides</b>	<b>Sides</b>	<b>Sides</b>	<b>Sides</b>	
Noodles Stir-fried broccoli Roasted carrots Umami tomato sauce	Steamed wholegrain rice Glazed corn Green beans	Garlic infused bread Roasted tomato sauce Wholegrain penne Peppers & aubergine Broccoli	Sticky jasmine rice Steamed greens Cumin scented carrots	
<b>Carrot &amp; cucumber sticks</b>	<b>Cherry tomato &amp; cucumber sticks</b>	<b>Carrot &amp; cucumber sticks</b>	<b>Cherry tomato &amp; cucumber sticks</b>	
<b>Daily dessert</b>	<b>Daily dessert</b>	<b>Daily dessert</b>	<b>Daily dessert</b>	
Mango mousse	Peach cobbler & cream	Fresh yoghurt pot topped with mixed berries	Lime trifle	
Selection of whole & cut fruit	Selection of whole & cut fruit	Selection of whole & cut fruit	Selection of whole & cut fruit	