

# Pre-prep Summer Menu

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning Break</b>	Morning pastry	Buttered crumpets	Cheese twist	Granola bar Water	Pizza slice Water
<b>Main Meal</b>	<u>American</u> Pulled beef & pineapple sliders	<u>The Classic</u> Hunters chicken in rich bbq sauce	<u>Taste of Italy</u> beef spaghetti bolognaise	<u>Boys Favourite!</u> Bangers with gravy	<u>Fish on Friday</u> Battered Hake or fish fingers or the "big" sausage
<b>Meat Free</b>	Pulled BBQ jackfruit enchiladas	Feta & spinach filo pie	Super food green spaghetti with crumbled feta	Vegan sausages on roast tomatoes & red onion polenta	Sweet potato & red pepper risotto
<b>On the Side</b>	Smokey rice, red onion & pineapple salsa, green beans	New potatoes Peas & carrots	Mixed green summer salad & homemade focaccia	Mashed potato, steamed broccoli & sweet corn	Skinny fried chips, peas & mushy peas
<b>Salad &amp; Fruit</b>	Simple salad & cut fruit selection	Simple salad & cut fruit selection	Simple salad & cut fruit selection	Simple salad & cut fruit selection	Simple salad & cut fruit selection
<b>Dessert</b>	Iced Lemon & elderflower squares	Neapolitan Tray bake with blueberry compote	Jelly	White choc, orange & cherry cake with crème fraiche	Puddle pudding
<b>After School Club Snack</b>	Fresh cut fruit & sandwich selection TREAT 'Wait & see'	Fresh cut fruit & sandwich selection TREAT 'Wait & see'	Fresh cut fruit & sandwich selection TREAT 'Wait & see'	Fresh cut fruit & sandwich selection TREAT 'Wait & see'	Fresh cut fruit & sandwich selection TREAT 'Wait & see'

# Prep Summer Breakfast

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Hot Items</b>	Back bacon Poached eggs Grilled tomatoes Hash browns	Chipolata sausages Scrambled eggs Mushrooms Baked beans	Grilled bacon Fried eggs Plum tomatoes Sauté potatoes	Warm Pain au chocolate served with hot chocolate	Bacon Boiled egg Baked beans English muffins	Grilled sausage Poached eggs Mushrooms Fried bread	The Big Breakfast!  Smashed avocado poached egg & Danish pastries
<b>Fruit</b>	Whole fruits & fruit juices	Whole fruits & fruit juices	Whole fruits & fruit juices	Whole fruits & fruit juices	Whole fruits & fruit juices	Whole fruits & fruit juices	
<b>Daily Breakfast Items</b>	Porridge station  Cereal bar Yoghurt station Toast, spread & preserves	Porridge station  Cereal bar Yoghurt station Toast, spread & preserves	Porridge station  Cereal bar Yoghurt station Toast, spread & preserves	Porridge station  Cereal bar Yoghurt station Toast, spread & preserves	Porridge station  Cereal bar Yoghurt station Toast, spread & preserves	Porridge station  Cereal bar Yoghurt station Toast, spread & preserves	Porridge station  Cereal bar Yoghurt station Toast, spread & preserves
<b>Morning Break</b>	Ham & cheese toastie Water & fresh fruit	Buttered crumpets Water & fresh fruit	Cheese twist Water & fresh fruit	Granola bar Water & fresh fruit	Pizza slice Water & fresh fruit	Morning pastry Water & fresh fruit	Melon wedge Water & fresh fruit

# Prep Summer Lunch

[illegible]

# Prep Summer Supper

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Little Tea</b>	Brownie Tea, water & fresh fruit	Carnival cookie Tea, water & fresh fruit	Wrapped biscuits Tea, water & fresh fruit	Flapjack Tea, water & fresh fruit	St Clements cake Tea, water & fresh fruit	Wrapped biscuits Tea, water & fresh fruit	'Wait & see' TREAT Tea, water & fresh fruit
<b>Main Course</b>	<u>Classic Favourite</u> Gammon chop with fried egg	<u>Posh Nosh!</u> Individual cowboy pies	<u>Sports Subs!</u> Bread selection with a choice of ham, pesto chicken, tuna mayo or cheese	<u>Japanese</u> Katsu chicken with curry sauce	<u>Friday Night</u> Sriracha glazed turkey steak	<u>Build your Burger!</u> Handmade cheese burger or chickpea & coriander burger in vegan brioche buns	<u>Enchiladas Night</u> Chicken or Mexican spiced tempeh Enchiladas served with limes, sour cream & salsa
<b>Meat Free</b>	Spanish frittata	Stuffed quorn sweet potato skins	Baked crisps Condiment station Simple chef salad	Big falafel with grilled vegetable skewers	Cauliflower Steak with red pepper & tomato relish		
<b>On the side</b>	Mash potato, grilled tomato & sweetcorn	Sweet potato bites, baked beans or steamed spring cabbage		Cumin rice, green beans	Egg noodles with green vegetables	Sauce station, French fries & onion rings Build your own slaw	Spicy rice Mixed chef salad
<b>In Addition</b>	Bread with spread & butter	Bread with spread & butter	Bread with spread & butter	Bread with spread & butter	Bread with spread & butter	Bread with spread & butter	Bread with spread & butter
<b>Cold Dessert</b>	Raspberry shortcake fool	Pancakes with berries & maple	Malteser iced sponge	Panna cotta with mango	Iced lolly	Homemade ice cream milkshake	Churros & dipping sauce