

Summer Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Break			Topped crumpets	Toasted filled panini	Cheese twist
Main Meal			Traditional beef lasagne & herb pesto	Kashmiri butter chicken with homemade naan bread	Fish fingers with tomato ketchup
Meat Free			PASTA BAR Kale, pea & leek open lasagne	Spinach, sweet potato & lentil dhal	Sweet potato & red pepper hash with chilli poached egg
On the Side			Summer garden salad Homemade sundried tomato bread	Pilau rice Fine green bean Roasted cauliflower	Skinny fries / Chunky chips Baked beans
Salad & Fruit			Simple salad & cut fruit selection	Simple salad & cut fruit selection	Simple salad & cut fruit selection
Dessert			Traffic light jelly	Portuguese custard tart	TREAT 'Wait & see' dessert
After School Club Snack			Fresh cut fruit & sandwich selection TREAT 'Wait & see'	Fresh cut fruit & sandwich selection TREAT 'Wait & see'	Fresh cut fruit & sandwich selection TREAT 'Wait & see'

Prep Summer Breakfast

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Hot Items				Back bacon rashers Hash browns Baked beans Fried eggs	Cumberland sausages or Veggie sausages in scotch baps with ketchup or brown sauce	Grilled bacon Poached eggs Mushrooms Fried bread	The Big Breakfast! morning pastries
Fruit				Whole fruits & fruit juices	Whole fruits & fruit juices	Whole fruits & fruit juices	Whole fruits & fruit juices
Daily Breakfast Items				Porridge station with selection of seeds & dried fruit Cereal bar Yoghurt station with granola Toast, spread & preserves	Porridge station with selection of seeds & dried fruit Cereal bar Yoghurt station with granola Toast, spread & preserves	Porridge station with selection of seeds & dried fruit Cereal bar Yoghurt station with granola Toast, spread & preserves	Porridge station with selection of seeds & dried fruit Cereal bar Yoghurt station with granola Toast, spread & preserves
Morning Break				Filled panini Water & fresh fruit	Cheese twist Water & fresh fruit	Chorizo bread Water & fresh fruit	Biscuit break Water & fresh fruit

Prep Summer Lunch

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup			Fennel minestrone Served with homemade bread	Garlic mushroom with tarragon Served with homemade bread	Courgette, leek & goat cheese Served with homemade bread	Pea & mint Served with homemade bread	Roast pork with cranberry apple sauce & rich gravy Or Wild mushroom tart with red onion jam
Favourite			Beef lasagne with basil pesto	Kashmiri butter turkey with naan bread	Battered Hake with tartare sauce & lemon or fish fingers	Chicken parmigiana pasta bake	
Meat Free			Pea & leek open lasagna	Spinach, sweet potato & lentil dhal	Sweet potato & red pepper hash with chilli poached egg	Tender stem, edamame, mint & chilli fusilli pasta	
On the side			Mixed summer salad & sun dried tomato bread	Pilau rice, fine green beans & roasted spiced cauliflower	Skinny fried chips, peas & mushy peas	Homemade Garlic & herb butter bread & allotment salad	Crispy roast potatoes, broccoli & mashed swede & carrot
Dessert			Peach melba pie with whipped cream	Greek yoghurt bar with assorted toppings	Pastel de nata	Summer berry cheesecake	Apple cobbler
Cold & Sweet			Yoghurt pots Fruit jelly pots	Yoghurt pots Fruit jelly pots	Yoghurt pots Fruit jelly pots	Yoghurt pots Fruit jelly pots	Yoghurt pots Fruit jelly pots
Fresh Fruit			Grape pots Sliced & whole fruit selection	Grape pots Sliced & whole fruit selection	Grape pots Sliced & whole fruit selection	Grape pots Sliced & whole fruit selection	Grape pots Sliced & whole fruit selection

Prep Summer Supper

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Little Tea			Wrapped biscuit Tea, water & fresh fruit	Tottenham cake Tea, water & fresh fruit	Shortbread Tea, water & fresh fruit	Wrapped biscuit Tea, water & fresh fruit	'Wait & see' TREAT Tea, water & fresh fruit
Main Course			Sports Subs! Bread selection with a choice of ham, pesto chicken, tuna mayo or cheese Baked crisps Condiment station Simple chef salad	Pie Night Individual chicken & broccoli pie	Mongolian beef stir fry with prawn crackers	Hot dog Bar! Frankfurters or vegan dog with American mustard, ketchup, dill pickles & pushcart onions	Individual chicken & spring vegetable pie
Meat Free				Asparagus & potato pie	Tempura tempeh with plum sauce		Celeriac, leek & potato pies
On the side				Baked cheddar mash, steamed carrots & hispi cabbage	Asian noodles light pickled cucumbers & broccoli	Chipped potatoes, coleslaw & classic salad bar	Baked cheddar mash with steamed carrots
Additions			Bread with spread & butter	Bread with spread & butter	Bread with spread & butter	Bread with spread & butter	Bread with spread & butter
Dessert			Fruit salad	Tiramisu	Eton mess	Banoffee pots	Ice cream cookies