



Fairtrade Fortnight February 22nd – March 7th

B R E A K F A S T	Monday 22 nd February	Tuesday 23 rd February	Wednesday 24 th February	Thursday 25 th February	Friday 26 th February	Saturday 27 th February	Sunday 28 th February
	Apple juice Orange juice	Pineapple juice Apple juice	Apple juice Orange juice	Pineapple juice Apple juice	Apple juice Orange juice	Pineapple juice Apple juice	Apple juice Orange juice
	Rice Krispies, Weetabix, Special K, Shreddies, Porridge oats Greek Yoghurt, Demerara sugar, Selection of dried fruits						
	A selection of seasonal fruit is available at breakfast time and throughout the day						
	Porridge Cumberland Sausages Omelettes Baked beans Hash Browns Grilled mushrooms Grilled tomatoes	Boiled eggs Sliced Brie Sliced Emmental Croissants Pain au Chocolat Brioche	Porridge Oxford chipolatas Grilled bacon Poached eggs Potato smiles Baked beans Grilled tomatoes Grilled mushrooms	American pancakes Maple syrup Wiltshire-cured bacon Baked beans	Porridge Oxford chipolatas Scrambled eggs with cherry tomatoes Baked beans Grilled mushrooms Grilled tomatoes	Oxford chipolatas Grilled bacon Omelettes Baked beans Potato smiles Grilled tomatoes Grilled mushrooms	Porridge Boiled eggs Sliced Brie Sliced Emmental Croissants Cinnamon Danish pastry whirls Brioche
	And also						
	Fairtrade Rosie tea & Tikka coffee, Hot chocolate, Chilled filtered water, Chilled milk						
	French bread, Wholemeal petit pain, Wholemeal sliced bread with jams, marmalade, honey, marmite, butter & Flora						



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SALAD BAR	Sliced Italian salami Smoked mackerel	Roast beef Spinach roulade	Coronation chicken Cajun salmon	Baked gammon Egg mayonnaise	Roast turkey Cheese & onion pasties	Roast beef Stuffed peppers	Glazed chicken drumsticks Prawn cocktail
	Five bean & mint salad Rice salad	Roasted vegetables with balsamic glaze Pasta salad	Caribbean banana salad Couscous salad	Pea, asparagus & avocado salad Coronation rice salad	Radish noodle salad Caesar salad	Beetroot & broad bean salad Potato & egg salad	Watermelon & cucumber salad Pasta salad
	Pick 'n' mix: Mixed leaf salad Cucumber slices Tomato wedges Celery sticks Sweetcorn Grated carrot Beetroot Red, yellow & green pepper sticks Radishes Spring onions French Dressing Mayonnaise Daily 'special' dressing	Pick 'n' mix: Mixed leaf salad Cucumber slices Tomato wedges Celery sticks Sweetcorn Grated carrot Beetroot Red, yellow & green pepper sticks Radishes Spring onions French Dressing Mayonnaise Daily 'special' dressing	Pick 'n' mix: Mixed leaf salad Cucumber slices Tomato wedges Celery sticks Sweetcorn Grated carrot Beetroot Red, yellow & green pepper sticks Radishes Spring onions French Dressing Mayonnaise Daily 'special' dressing	Pick 'n' mix: Mixed leaf salad Cucumber slices Tomato wedges Celery sticks Sweetcorn Grated carrot Beetroot Red, yellow & green pepper sticks Radishes Spring onions French Dressing Mayonnaise Daily 'special' dressing	Pick 'n' mix: Mixed leaf salad Cucumber slices Tomato wedges Celery sticks Sweetcorn Grated carrot Beetroot Red, yellow & green pepper sticks Radishes Spring onions French Dressing Mayonnaise Daily 'special' dressing	Pick 'n' mix: Mixed leaf salad Cucumber slices Tomato wedges Celery sticks Sweetcorn Grated carrot Beetroot Red, yellow & green pepper sticks Radishes Spring onions French Dressing Mayonnaise Daily 'special' dressing	Pick 'n' mix: Mixed leaf salad Cucumber slices Tomato wedges Celery sticks Sweetcorn Grated carrot Beetroot Red, yellow & green pepper sticks Radishes Spring onions French Dressing Mayonnaise Daily 'special' dressing



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M A I N S	Hunter's chicken	Oxford sausages with onion gravy	Cottage pie & gravy	Roast chicken with stuffing & gravy	Lamb & pasta bake	Chicken & vegetable pie & gravy	Roast pork, apple sauce, gravy
	Cod with butter bean hot-pot	Oven-baked ginger salmon with oriental spicy rice	Seafood pizza	Pesto salmon on citrus couscous	Battered haddock with tomato sauce or tartare sauce	Paella with garlic bread	Salmon Koulibiaca
	Macaroni cheese	Baked potato & cracked eggs	Tom Yam noodles	Roasted vegetable quesadillas	Mushroom stroganoff & fragrant rice	Pasta with spicy peas	Homemade spring rolls with rice and sweet & sour sauce
V E G	Mixed leaf salad Tomato salad Cucumber & mint salad	Buttered new potatoes Peas Savoy cabbage Sweetcorn	Penne pasta Broccoli Sauteed mixed peppers Sugar snap peas	Roasted new potatoes Carrots Cauliflower cheese Green beans	Jacket wedges Minted peas Sweetcorn Swede	Roasted root vegetables Green beans Broccoli	Roast potatoes Peas Carrots Cabbage
P U D	Warm brownie pudding with chocolate sauce Tropical crunch Fresh fruit salad	Raspberry flapjacks and custard White chocolate cheesecake Mandarin jelly	Treacle tart & custard Layered yoghurt surprise Cheese & biscuits	Icky-sticky tangy pudding & cream Crème caramel Fresh fruit salad	Rice pudding & jam Meringue roulade Milk jelly	Pineapple & raspberry crumble & cream Trifle Greek yoghurt & honey	Black magic pudding & cream Fruit salad Cheese & biscuits



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HOMEMADE SOUP	Vegetable soup	Mushroom soup	Tomato soup	Thai vegetable soup	Leek & potato soup	Pea soup	Vegetable soup
ROLLS or SANDWICHES	Egg & cress sandwiches	Cheese & cucumber sandwiches	Brie & tomato sandwiches	Cream cheese & smoked salmon sandwiches	Egg & cress sandwiches	Cheese & tomato sandwiches	Selection of sandwiches
PASTA or JACKETS	Baked jacket potato filled with baked beans or chilli con carne	Vegetable pancakes au gratin	Creamy bacon pasta with roasted vegetables	Jacket potato with baked beans & grated cheese	Mushroom & brie risotto	Vegetable lasagne & garlic bread	Baked jacket potato filled with tuna mayonnaise
'SPECIAL'	Cheese & tomato pizza	Chicken tortillas with mayonnaise, salsa or tomato ketchup	Cod fishcakes Tartare sauce Broccoli & cauliflower mornay	Savoury mince Yorkshire puddings Peas Sweetcorn	Oxford sausages with mashed potatoes & baked beans	Lamb burger in a floured bap Ketchup Mayonnaise Tortilla chips	Baked beans Ravioli & garlic bread